

KATHERIN ELIZABETH GARLAND

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PUBLICATIONS:

Garland, K.E. "Good Enough." *Chicken Soup for the Soul: I'm Speaking Now: Black Women Share their Truth in 101 Stories of Love, Courage, and Hope*, edited by Amy Newmark and Breena Clarke, Simon & Schuster, 2021, pp. 169-172.

Garland, K.E., "There's Strength in Softness." *Raising Mothers*. 20 May 2021.
<https://www.raisingmothers.com/theres-strength-in-softness-k-e-garland/>

Garland, K. E. "Tough Love." *Love Notes*. Lungs Project & DCDC, Dayton, OH, 2021.

Garland, K.E. "Abortion Rights: A Return to Pro-choice." *PULPMag*. 13 Feb. 2020.

Garland, K.E. "You're Hired: Being African American in Education." *All the Women in My Family Sing: Women Write the World-Equality, Justice, Passion, and Humanity*, edited by Deborah Santana, Nothing But the Truth Publishing, 2018, pp-110-115.

Garland, K.E. "Rethinking Cancer Awareness." *The Mighty*. 2 Jan. 2018,
themighty.com/2018/01/rethinking-cancer-awareness/

Garland, K.E. "The Transition." *The Coil Magazine*. 15 Jun. 2017, medium.com/the-coil/the-transition-memoir-k-e-garland-a5e77cd64398

Garland, K.E. "Rethinking Cancer Awareness." *The Coil Magazine*. 13 Oct. 2017,
medium.com/the-coil/rethinking-cancer-awareness-k-e-garland-9b6d2dade451

Garland, K.E. "I'm a Black, Natural-Haired Woman, I Travel, and I'm Tired of Microaggressions." *For Harriet*. 15 Feb. 2016, www.forharriet.com/2016/02/im-black-natural-haired-woman-i-travel.html

Garland, Katherin. "Rethinking Cancer Awareness." *South Florida Times*. 28 Oct. 2015,
www.sfltimes.com/health-and-fitness/rethinking-cancer-awareness

Garland, K.E. "Rethinking Gratitude." *Natural Awakenings*. Nov. 2015, p. 6.

Garland, Kathy. "Natural Responses: Learning to Tune Out Feedback on My Natural Hair." *For Harriet*. 12 Mar. 2014, www.forharriet.com/2014/03/natural-responses-learning-to-tune-out.html

BOOKS:

Garland, K.E., editor. *Daddy: Reflections of Father-Daughter Relationships*. Katherin Garland, 2018.

Garland, K.E. *The Unhappy Wife*. Katherin Garland, 2016.

Garland, K.E. *Kwoted*. Katherin Garland, 2015.

AWARDS AND NOMINATIONS:

ROYAL PALMS LITERARY AWARD, 2021

First Place, Blogging “Mental Health Matters” series
Florida Writers Association

STILL I RISE GRANT, 2017

Finalist
Alternating Current, The Coil

BEST OF THE NET, 2017

Nomination, “Transition”
Alternating Current, The Coil

ROYAL PALMS LITERARY AWARD, 2016

First Place, Creative Nonfiction (Unpublished), “Transition”
Florida Writers Association